

5.1.2 Following capacity development and skills enhancement activities are organised for improving students' capability

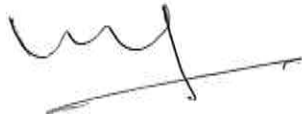
1. Soft skills

2. Language and communication skills

3. Life skills (Yoga, physical fitness, health and hygiene, self-employment and entrepreneurial skills)

4. Awareness of trends in technology

Year	Name of the capacity development and skills enhancement program	Period (from date - to date)	Number of students enrolled	Name of the agencies/experts involved with contact details (if any)
2022-23	Basic Computer	30-11-2022	53	S.S.G. Pareek PG College
2022-2023	Career counseling session	28-03-2023	60	Dr. Bhawana pareek, Maharishi markandeshwar University, HR
2022-2023	Career counseling session	26-05-2023	147	Vision IAS lal kothi, Jaipur
2022-2023	Career counseling session	23-09-2022	200	Institute of cost accountants of India Jaipur
2022-2023	International Yoga Day	21-06-2023	67	S.S.G. Pareek PG College
2022-2023	Seminar on- Promote the Enterprenourship in Future Generation	5-4-2023	50	EDUNAK Solutions
2022-2023	Seminar on - Entrepreneurship and E-Waste management	22-02-2023	30	Karo Sambhav Private Limited, Jaipur
2022-2023	Seminar on Career in Clinical research and Healthcare	22-02-2023	40	Sagar Ravikant, Mitcon TBI, Pune
2022-2023	Brahma kumari's meditation session	22-11-2022	55	Brahma kumari's Rajayoga meditation center, Jaipur
2022-2023	Awareness session on Traffic Rules	02-02-2023	86	Praveen Kumar, Traffic Inspector
2021-2022	Basic Computer	31-08-2021	72	S.S.G. Pareek PG College
2021-2022	Career counseling session	18-11-2021	70	Institute of cost accountants of India Jaipur
2021-2022	Scope and Career in Zoology- New Dimension of Enterpreneurship	07-02-2022	60	Dr. Reena Mathur, Department of Zoology, UOR
2021-2022	Seminar on need for Enterpreneurships for future generations	16-10-2021	80	Dr. Vipin Yadav, ECH Outreach Incharge, UOR
2021-2022	Seminar on Environment Change Research and Awareness for Sustainable Development	15-03-2022	60	Professor RK Gurjar, UOR
2021-2022	International Yoga Day	21-06-2022	60	S.S.G. Pareek PG College
2021-2022	Brahma kumari's meditation session	15-11-2021	40	Brahma kumari's Rajayoga meditation center, Jaipur
2021-2022	Awareness session on Corona pandemic	23-08-2021	70	Dr. khushboo Gupta
2020-2021	Workshop on Intellectual Property rights and How to Choose I.P. Enterpreneurship as a Career	25-03-2021	43	Professor P.J. John, Department of Zoology, UOR
2020-2021	International Yoga Day	21-06-2021	12	S.S.G. Pareek PG College
2019-2020	Basic Computer	31-10-2019	60	S.S.G. Pareek PG College
2019-2020	Career counseling and workshop	21-11-2019	50	SEBI Institute , Jaipur
2018-2019	Basic Computer	13-08-2018	75	S.S.G. Pareek PG College
2018-2019	International Yoga Day	21-06-2018	40	S.S.G. Pareek PG College

  
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**JAIPUR (RAJASTHAN)**

**Notice and Report of each  
activity with photographs  
conducted in Academic  
Session 2022-23**



# S.S.G. PAREEK P.G. COLLEGE



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Date 24/11/2022

## NOTICE

All the Students of UG and PG are informed that Awareness Class on **Soft Skill** will be conduct in the college on **30 November 2022**. All the students give maximum participation in the programme.

Principal

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JAIPUR (RAJASTHAN)

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5. Accounts Section
6. Coordinator – Dr. Kulvinder Singh



## Report on Soft skill Courses in "Basic Computer"

Course Name	:	Basic Computer
Speaker Name	:	Mrs. Anita Jaiswal
Class	:	B.Sc.-I
Number of Student	:	53

The class is conducted on 30 November 2022 and this is started by Mrs Anita Jaiswal. About 53 students attend the class. The class is designed with aim at imparting a basic level appreciation programmer for the common man. After completing the course the incumbent is able to the use the computer for basic purposes of preparing his personnel/business letters, viewing information on Internet (the web), sending mails, using internet banking services etc. This allows a common man or housewife to be also a part of computer users list by making them digitally literate. This helps the small business communities to maintain their small account using the computers and enjoy in the world of Information Technology.

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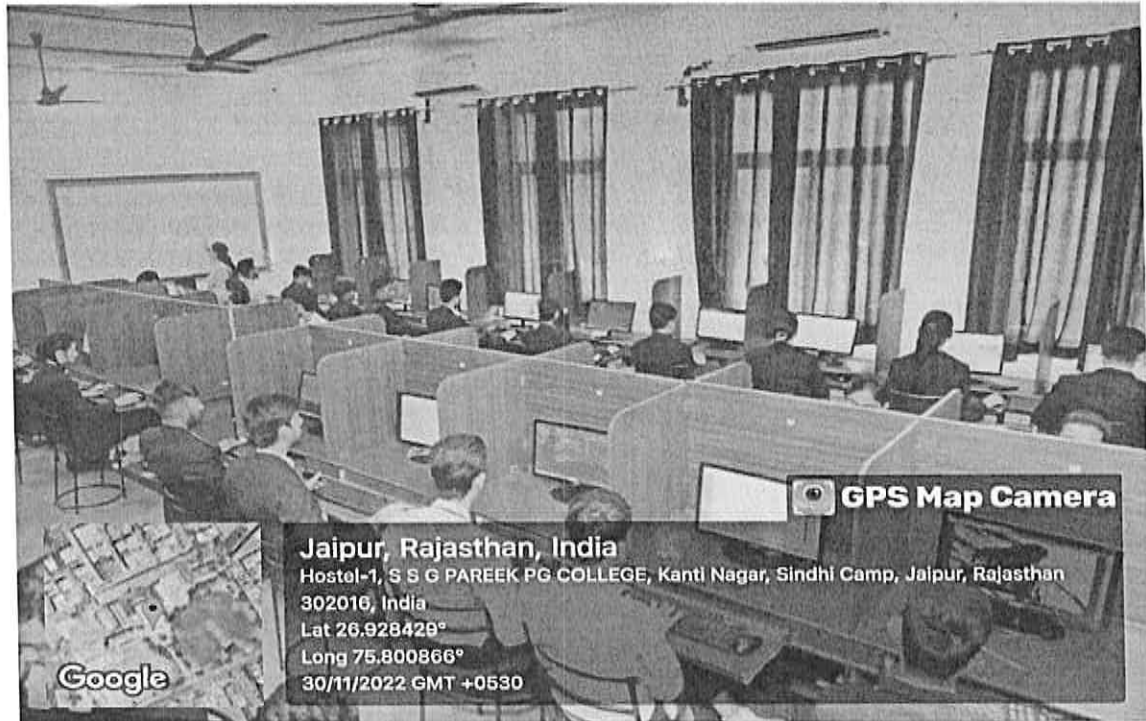


Fig. 1 BASIC COMPUTER CLASS





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Date 25/03/2023

## NOTICE

All the Students of UG and PG are informed that **Career Counseling Session** will be organized by Dr. Bhawna Pareek, Associate Professor Department of Chemistry Maharishi Markandeshwar University, at Sadopur, Ambala District, Haryana, In the College on **28<sup>th</sup> March 2023**. All the students give maximum participation in the programme.

Time : 12:30 PM

Venue : Geography Lab

**Principal**

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## Report on Career Counseling on 28/03/2023

The SSG Pareek PG College, Jaipur successfully organized the event "Career Counseling Session" by Dr. Bhawan Pareek, Associate Professor department of chemistry Maharishi Markandeshwar University, at Sadopur, Ambala district, Haryana, in our college campus. The Programme begin 12:30 pm. Approx 60 students were benefited in the Career Counseling Session. Our honorable Principal Dr. N M Sharma presided over the function. And vice principal, Dr. Anju Pareek welcomed the gathering.

career counselor from Maharishi Markandeshwar University, at Sadopur, Ambala district, Haryana, explore our students regarding job opportunity and how we are ready to preparation of competition like CSIR, NET, UGC-NET, GATE, etc.

Career counselors also provide guidance on exploring different career options and understanding the labor market trends. They help individuals research various industries, job roles, and educational pathways to identify potential career paths that align with their interests and aspirations. This involves providing resources such as informational interviews, job shadowing opportunities, and access to career exploration tools and databases.

Overall, career counseling plays a pivotal role in empowering individuals to make informed career decisions, navigate their professional journeys effectively, and ultimately achieve satisfaction and fulfillment in their careers. By providing guidance, support, and resources, career counselors help individuals unlock their full potential and pursue meaningful and rewarding career paths. At the end, vice principal of college Dr. Anju Pareek presented vote of thanks.

  
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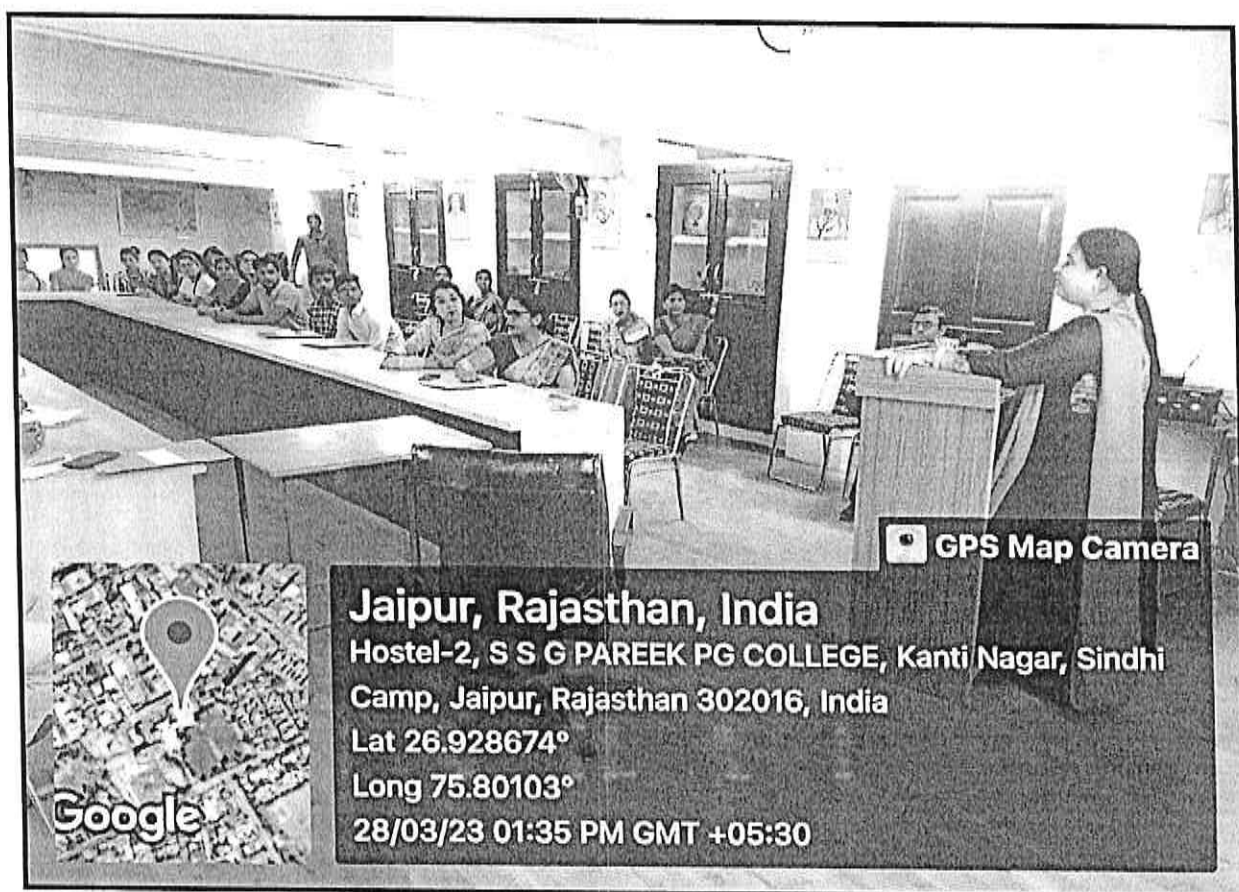


Fig.1 Career Counseling by Dr. Bhawan Pareek, Associate Professor Department of Chemistry Maharishi Markandeshwar University, Ambala District, Haryana.

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Date 24/05/2023

## NOTICE

All the Students of UG and PG Programme are informed that **Career Counseling Session** will be organized by Vision IAS Academy, Apex Mall, Lalkothi, Jaipur, in the College on **26<sup>th</sup> May 2023**. All the students give maximum participation in the programme. Kindly contact to the programme coordinator.

**Principal**

### Copy to:

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2. Vice Principal
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## Report on Career Counseling on 26/05/2023

The SSG Pareek PG College, Jaipur successfully organized the event "Career Counseling Session" by Vision IAS Apex Mall, Sawai Mansingh Rd, 119, Tonk Rd, Satya Vihar, Greater Kailash Colony, Vidhayak Nagar, Lalkothi, Jaipur, in our college campus. The Programme begin 10:30 am in the morning. Approx 150 students were benefited in the Career Counseling Session. Our honorable Principal Dr. N M Sharma presided over the function. And vice principal, Dr. Anju Pareek welcomed the gathering.

career counselor from Vision IAS explore our students regarding job opportunity and how we are ready to preparation of competition.

Career counselors also provide guidance on exploring different career options and understanding the labor market trends. They help individuals research various industries, job roles, and educational pathways to identify potential career paths that align with their interests and aspirations. This involves providing resources such as informational interviews, job shadowing opportunities, and access to career exploration tools and databases.

Overall, career counseling plays a pivotal role in empowering individuals to make informed career decisions, navigate their professional journeys effectively, and ultimately achieve satisfaction and fulfillment in their careers. By providing guidance, support, and resources, career counselors help individuals unlock their full potential and pursue meaningful and rewarding career paths. At the end, vice principal of college Dr. Anju Pareek presented vote of thanks.

  
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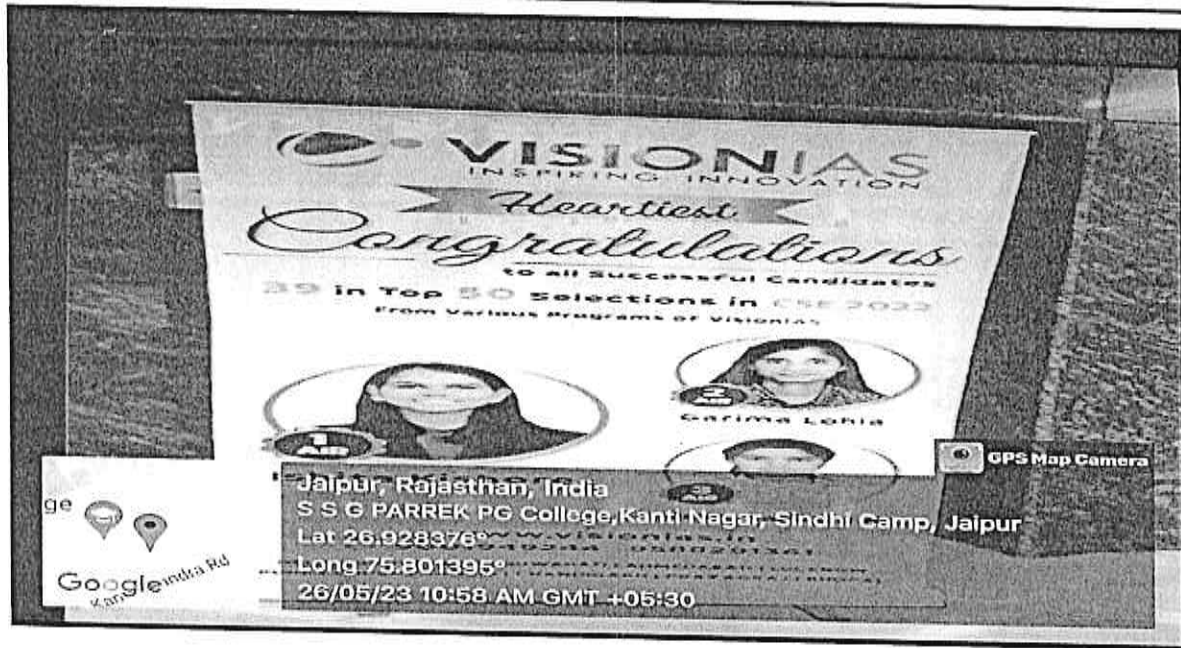


Fig.1 Career Counseling by Vision IAS Speaker



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Date 21/09/2022

## NOTICE

All the Students of UG and PG programme are informed that **Career Counseling Session** will be organized by the institute of Cost Accountants of India Jaipur, Jhalana Doongri, Jaipur, in the College on **23<sup>rd</sup> September 2022**. All the students give maximum participation in the programme. Kindly contact to the programme coordinator Ms. Gixy joon.

**Principal**

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## Report on Career Counseling on 23/09/2022

The SSG Pareek PG College, Jaipur successfully organized the event "Career Counseling Session" the institute of Cost Accountants of India Jaipur, CMA Bhawan, 3-A Institutional Area, Jhalana Doongri, Jaipur, in our college campus. The Programme begin 11:00 am in the morning. Approx 200 students of Science, Commerce and Arts BBA, BCA were benefited in the Career Counseling Session. Our honorable Principal Dr. N M Sharma presided over the function. And vice principal, Dr. Anju Pareek welcomed the gathering.

Career counselor from "the institute of cost accountants of india jaipur, CMA Bhawan, 3-A Institutional Area, Jhalana Doongri, Jaipur Mr. Harendra Kumar Pareek explore our students regarding job opportunity.

The institute has its headquarters in Kolkata, India, and operates through various regional councils and chapters across the country, including in Jaipur, Rajasthan. In Jaipur, the regional chapter of ICAI provides support and resources to aspiring cost and management accountants, as well as to practicing professionals in the field. This chapter organizes events, seminars, and workshops to promote knowledge sharing and professional development among its members.

Career counselors also provide guidance on exploring different career options and understanding the labor market trends. They help individuals research various industries, job roles, and educational pathways to identify potential career paths that align with their interests and aspirations. This involves providing resources such as informational interviews, job shadowing opportunities, and access to career exploration tools and databases.

Overall, career counseling plays a pivotal role in empowering individuals to make informed career decisions, navigate their professional journeys effectively, and ultimately achieve satisfaction and fulfillment in their careers. By providing guidance, support, and resources, career counselors help individuals unlock their full potential and pursue meaningful and rewarding career paths. At the end, vice principal of college Dr. Anju Pareek presented vote of thanks.

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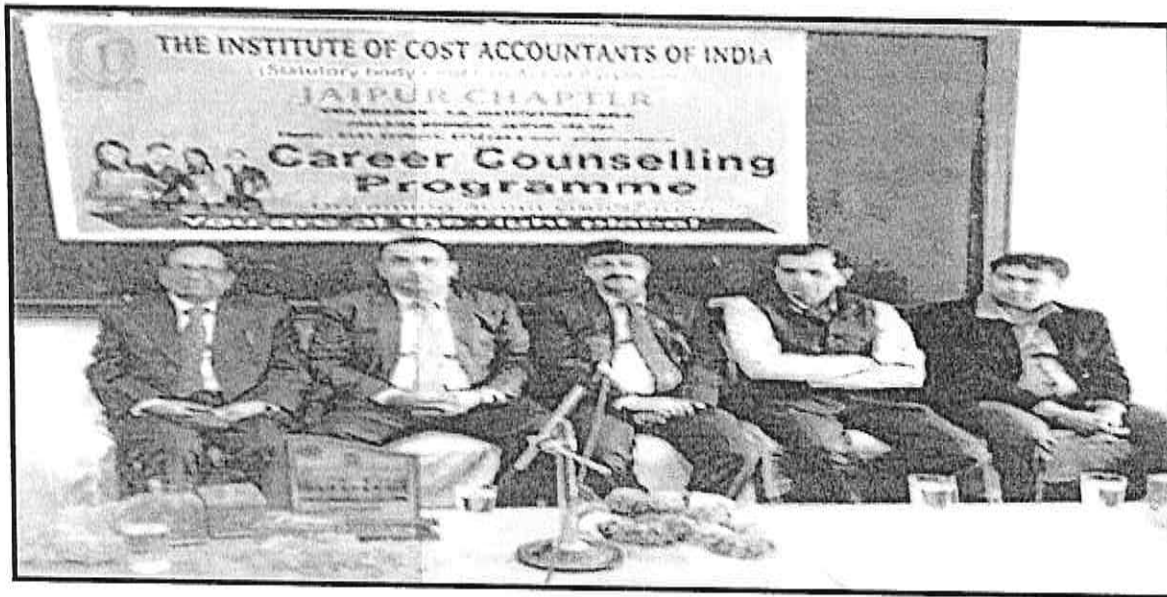


Fig.1 Career Counseling by the institute of Cost Accountants of India Jaipur

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Date: 19/06/2023

## NOTICE

All the Students of UG and PG are informed that International Yoga Day will be celebrated in the college on **21 June 2023**. All the students give maximum participation in the programme.

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6. Coordinator – Dr. Meghana Pareek



## Report On International Yoga Day

Date: 21 June 2023

Venue: S.S.G. Pareek PG College

International Yoga Day is celebrated worldwide on June 21st each year to promote yoga as a holistic approach to health and well-being. In line with this global initiative, cultural activities were organized at S.S.G. Pareek PG College to commemorate the significance of yoga.

The event commenced with group yoga sessions led by experienced instructor. Faculties and students engaged in various yoga asanas (poses) and pranayama (breathing exercises) to enhance physical flexibility and mental clarity.

Skilled yoga practitioners demonstrated advanced yoga postures, showcasing the diversity and complexity of yoga practice. These demonstrations inspired participants to deepen their understanding and practice of yoga.

Guided meditation sessions provided participants with an opportunity to cultivate inner peace and mindfulness. Meditation techniques such as mindfulness meditation and loving-kindness meditation were practiced to promote mental relaxation and emotional well-being.

Principal Professor N.M. Sharma delivered presentations on the cultural significance of yoga in various traditions around the world. Topics ranged from the role of yoga in ancient Indian scriptures to its adaptation and popularity in contemporary society.

International Yoga Day at S.S.G. Pareek PG College served as a platform to promote the practice and understanding of yoga as a means to achieve holistic health and wellness. Through group sessions, demonstrations, workshops, meditation, cultural performances, and presentations, participants gained valuable insights into the transformative power of yoga on the body, mind, and spirit.

By fostering a sense of community and appreciation for yoga's rich cultural heritage, the event contributed to the global celebration of International Yoga Day and inspired individuals to embrace yoga as a lifelong journey towards inner harmony and vitality.





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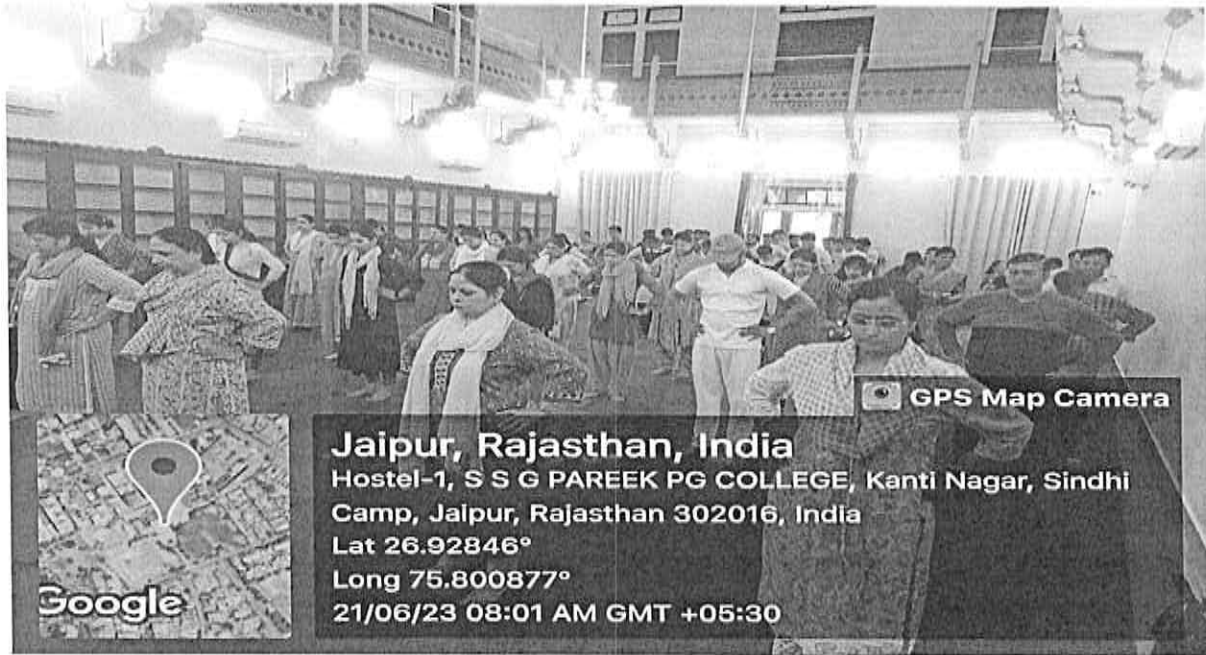


Fig.1 International Yoga Day

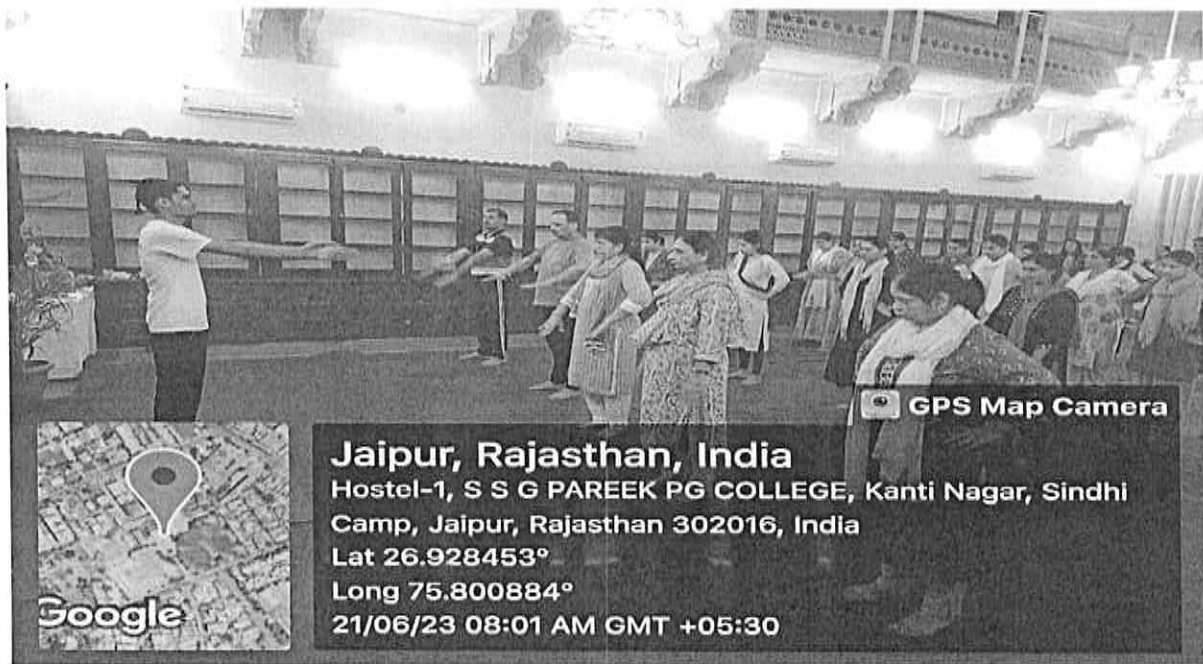


Fig.2 International Yoga Day

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 KANTI NAGAR, SINDHI CAMP, JAIPUR



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Date -04-04-2023

## NOTICE

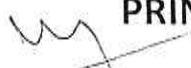
This is to inform all the students and faculty members that seminar on "PROMOTE THE ENTREPRENEURSHIP IN FUTURE GENERATION" will be organized on 05-04-2023. Guest speaker will be MR. DEVENDRA SONI (ACADEMIC ADVISOR), Jaipur.

Time – 1:00 P.M. TO 3:00 P.M.

Venue- Geography Lab

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## REPORT ON SEMINAR

### SEMINAR ON –“PROMOTE THE ENTERPRENOURSHIP IN FUTURE GENERATION”

Resource Person- Mr. Devendra Soni

Date-05-04-2023


Venue-Geography Lab

The objective of this session was to motivate students and faculty towards entrepreneurship as it can create employment for the future generations.

The Seminar on "Promote the entrepreneurship in future generation" was conducted by S.S.G.Pareek P. G. College, on 05/04/2023. The seminar was organized for UG students. Mr. Devendra Soni and Dr. N.M. Sharma were the speakers.

He also highlighted names of some successful entrepreneurs like Anil Agarwal, Azim Premji, Lakshmi Mittal, Dhirubhai Ambani, and their journey towards becoming an entrepreneur. This lecture motivated the students to work hard and start a new venture through adequate forward planning and the execution of the plans. The session was an interactive one where the students and faculty were very participative and engaged in questions and answer session.

  
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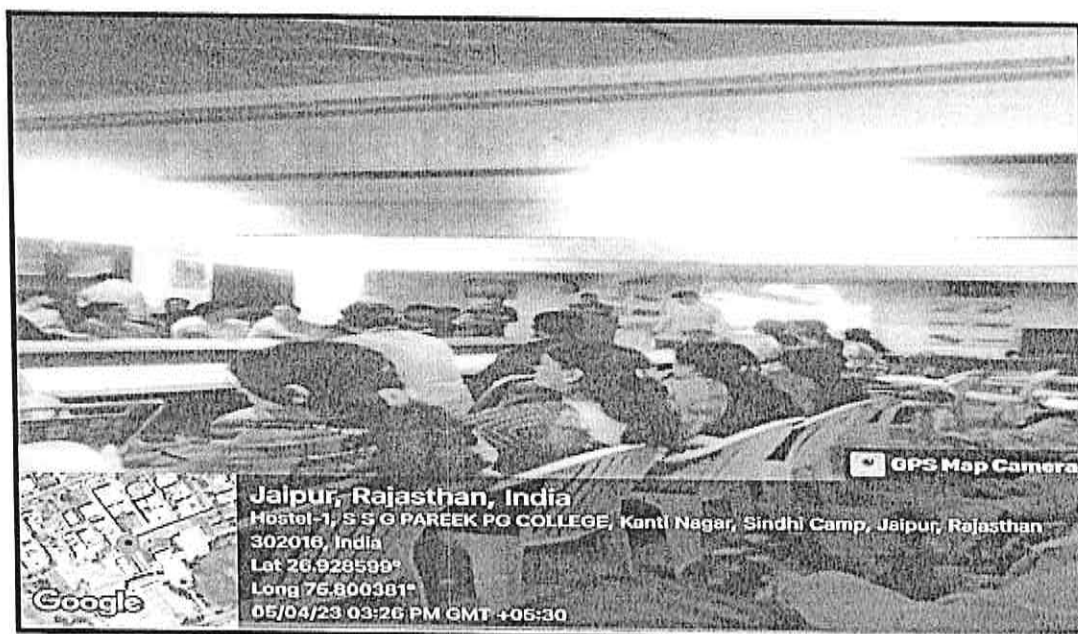
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## INTERACTIVE SESSION AFTER THE LECTURE

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Date-21-02-2023

## NOTICE

This is to inform all the students and faculty members that seminar on "ENTREPRENEURSHIP AND E-WASTE MANAGEMENT" will be organized on 22-02-2023 at science department for students. Guest speaker will be Mr. Arunesh, Karo Sambhav Private Ltd, Jaipur, Rajasthan.

Time – 10:00 A.M. TO 12:00 P.M.

Venue- Science Department

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## Seminar Report: Entrepreneurship and E-Waste Management

Date: 22-02-2023

Venue:-Science department.

Presenter-Mr. Arunesh, (Karo Sambhav Private Ltd, Jaipur).

**Introduction:** The seminar on "Entrepreneurship and E-Waste Management" conducted at S.S.G. Pareek P.G. College, Banipark, Jaipur, provided a platform to explore the intersection of environmental sustainability and entrepreneurial innovation. Mr. Arunesh, representing Karo Sambhav Private Ltd, Jaipur, delivered a compelling presentation aimed at raising awareness and fostering action towards responsible e-waste management.

Mr. Arunesh began by elucidating the significance of e-waste management in the contemporary world, highlighting the detrimental environmental and health implications of improper disposal practices. He underscored the urgent need for sustainable solutions to tackle the mounting e-waste crisis.

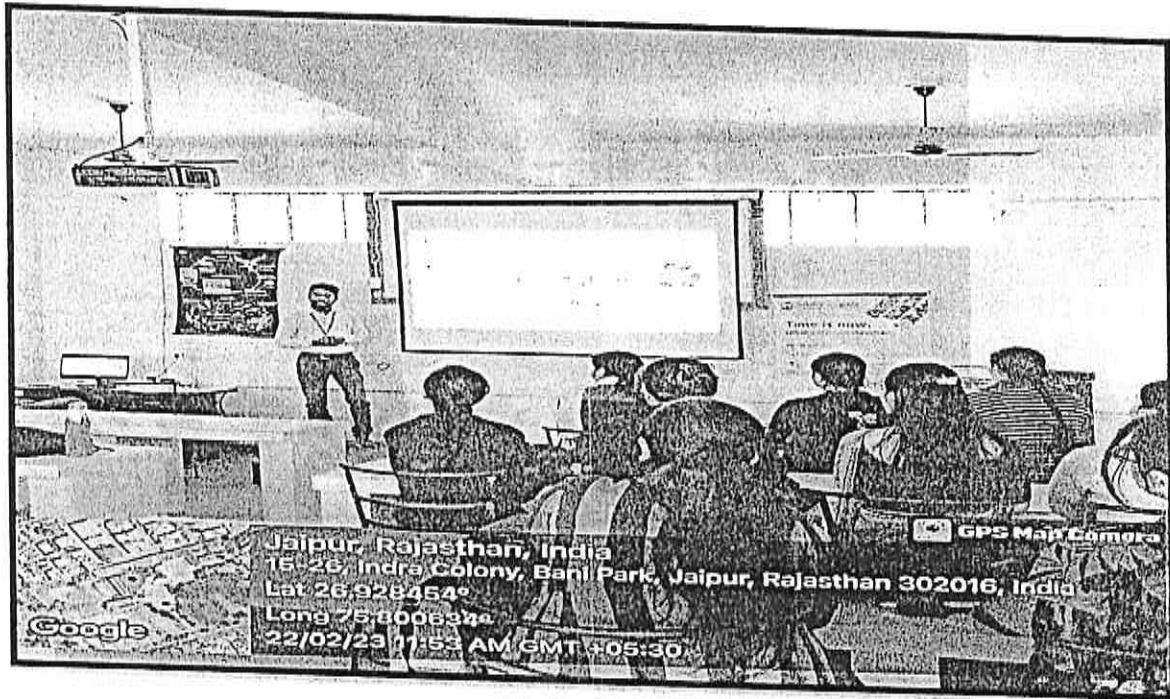
The presentation delved into the entrepreneurial opportunities inherent in e-waste management, emphasizing the potential for innovation and value creation within this burgeoning sector. Arunesh elucidated on various business models and strategies conducive to establishing successful ventures in e-waste recycling and refurbishment.

Engaging case studies were presented, showcasing exemplary initiatives and success stories in the field of e-waste management and entrepreneurship. These real-world examples served to inspire and demonstrate the feasibility of implementing sustainable business practices in e-waste management.

An interactive session ensued, providing attendees with the opportunity to pose questions, share insights, and engage in meaningful dialogue with the presenter. Arunesh addressed queries and provided valuable guidance on practical approaches to initiating e-waste management ventures.

The seminar concluded with a resounding call to action, urging participants to proactively contribute to the cause of responsible e-waste management. Arunesh emphasized the importance of collective efforts in driving positive change and fostering a culture of sustainability and entrepreneurship.

The seminar on Entrepreneurship and E-Waste Management, spearheaded by Arunesh from Karo Sambhav Private Ltd, Jaipur, served as a catalyst for raising awareness and inspiring action towards sustainable e-waste management practices. By elucidating entrepreneurial opportunities and showcasing best practices, the event empowered attendees to become agents of change in addressing the pressing challenge of e-waste pollution.




MR.ARUNESH FROM KARO SAMBHAV DELIVER THE LECTURE



STUDENTS DURING THE SESSION

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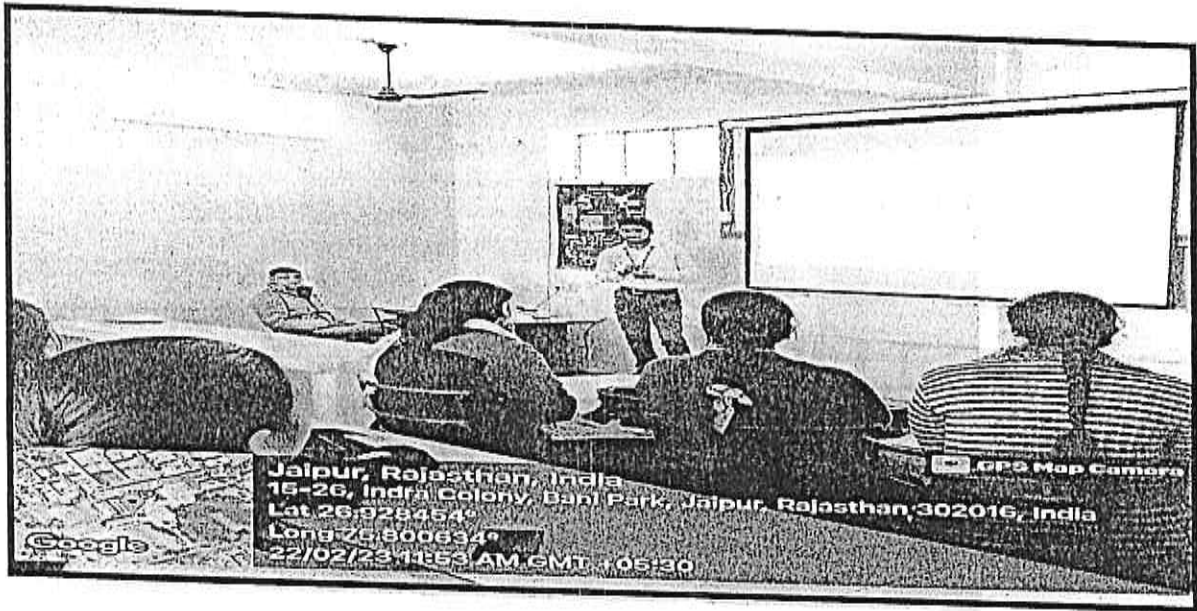
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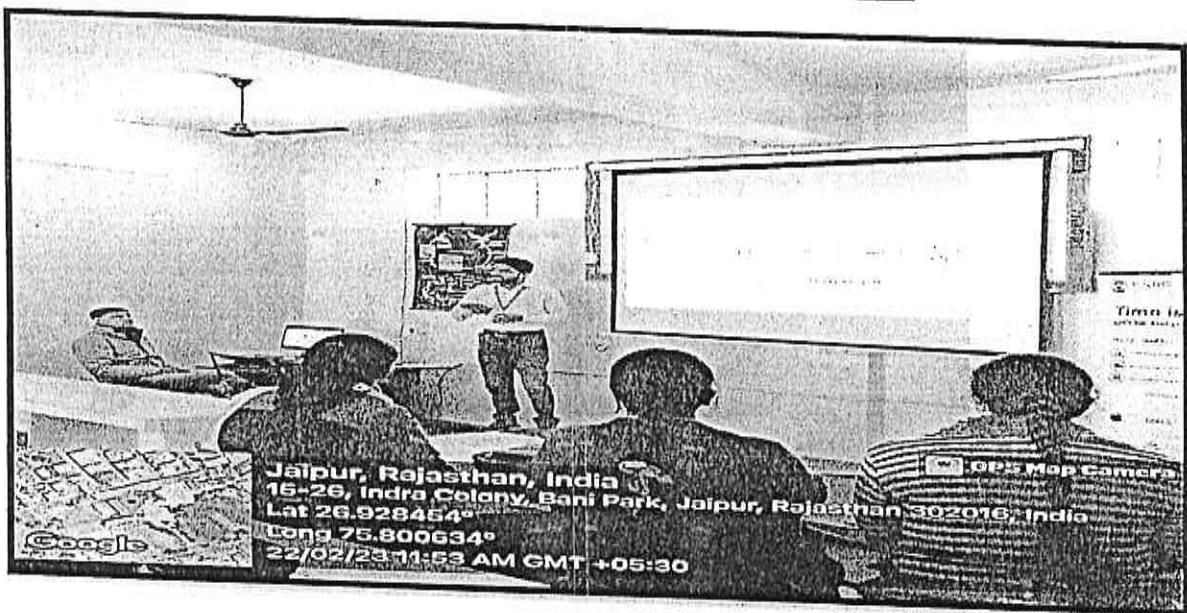
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INTERACTIVE SESSION WITH STUDENTS



EXPLANATION ABOUT THE PRODEDURE FOR E-WASTE MANAGEMENT

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*[Handwritten Signature]*  
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Date- 21-02-2023

## Notice

It is notified to information for all concerned that seminar on "Career in Clinical Research and Healthcare" is scheduled to be held on 22-02-2023. Guest speaker will be Mr, Ravikant Bohr, B.D. Manager, Mitcon, TBI, Pune. All the faculty members are requested to make it convenient to attend the presentation.

Time – 11:00 A.M. TO 2:00 P.M.

Venue- Science Department

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3. IQAC
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## Report on

**Title:** Seminar on Career Opportunities in Healthcare IT, Clinical Research & Allied sectors

**Date:** 22-02-2023

**Venue:** Science Department

**Resource person:** Mr. Sagar Ravikant Bohr, Business Development Manager at Mitcon TBI, Independent Business Development Consultant, Founder -Clinihunt, Pune

**Introduction:** the Seminar on "Career Opportunities in Healthcare, IT, Clinical Research & Allied sectors" held at S.S.G. PAREEK P.G. COLLEGE aimed to provide student and participants with a comprehensive understanding of career opportunities in clinical research and healthcare sector. The seminar covered a diverse range of topics related to clinical research –

- Overview of clinical research
- Importance of clinical research in health care industries
- Understanding of drug development process
- Guidelines for job in clinical research field
- Merits & demerits of the field

The event contributed to raising awareness about the opportunities in clinical research & allied sectors for science graduate and post graduate students. Attendees had the opportunity to ask questions, share experiences and engage in meaningful discussion with the speaker. The organizers deserve commendation for their efforts in creating a valuable learning experience for all attendees.

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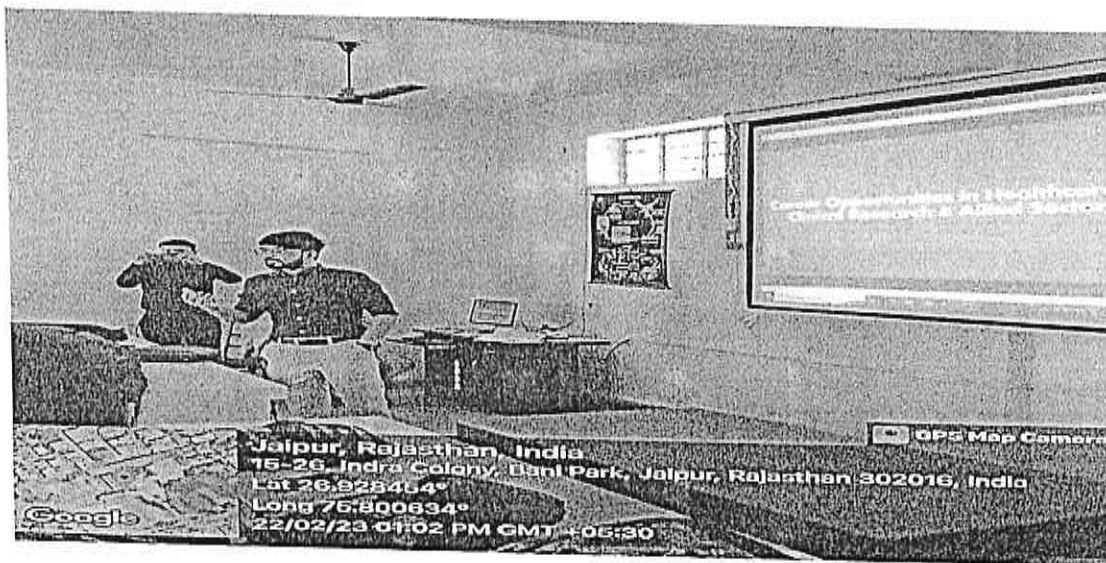
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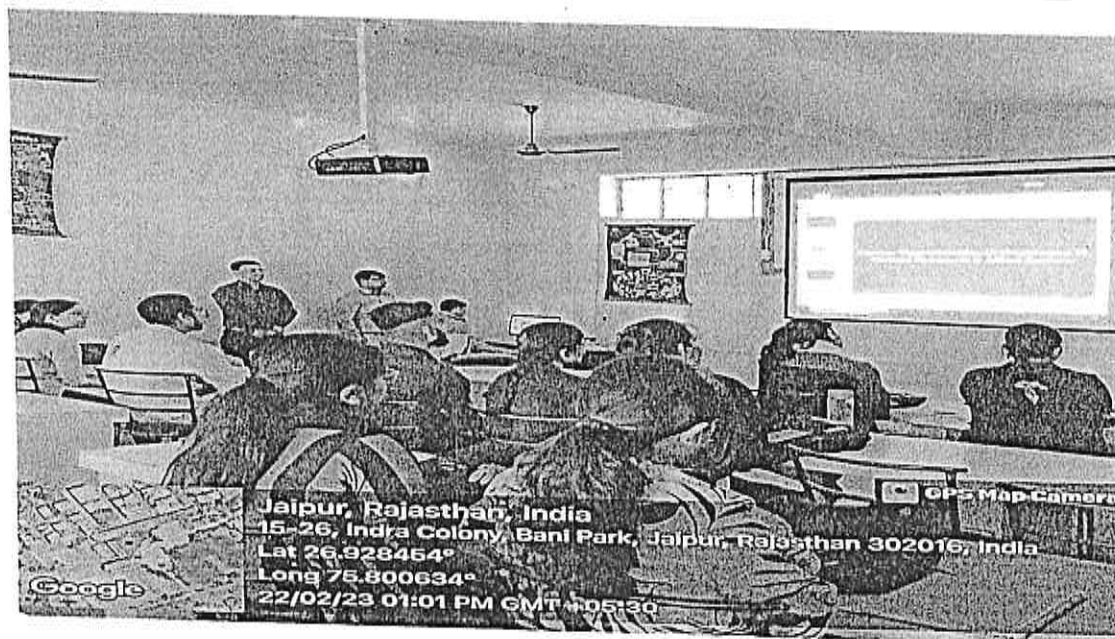
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Mr. Sagar explained about the Opportunities in Clinical Research



Participants engaged in interactive session

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Date 21/11/2022

## NOTICE

All the Faculty and Students of UG and PG are informed that a Mediation Session will be organized by Brahma Kumari's in the College on 22<sup>nd</sup> November 2022. All the students give maximum participation in the programme.

Time : 02:00 PM

Venue : Room No. 21

  
Principal

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3. IQAC
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5. Accounts Section

  
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## Report on Brahma Kumari's Meditation Sessions 22/11/2022

The Programme begin 02:00 pm in the Afternoon Approx 55 students of Science, Arts and Commerce were benefited in the Meditation Session. Principal Dr. N. M. Sharma presided over the function And Dr. Anju Pareek vice principal, welcomed the gathering.

Brahma Kumari's Meditation Sessions, facilitated by Brahma Kumari's Rajayoga Meditation Centre, Vaishali Nagar, Jaipur to provide a spiritual movement that emphasizes meditation, self-transformation, and values-based living. They offer meditation sessions and courses worldwide, typically free of charge. These sessions often include guided meditation, teachings on spirituality, and discussions on how to integrate spiritual principles into daily life.

Brahma Kumaris meditation sessions are usually open to people of all backgrounds and beliefs, and they often emphasize principles such as inner peace, self-awareness, and spiritual growth. Brahma Kumaris meditation sessions may include a teaching or discussion segment where facilitators share spiritual insights, principles, or practical tips for integrating meditation and spirituality into daily life. Overall, Brahma Kumaris teachings offer a holistic approach to motivation, addressing the mind, body, and spirit, and inspiring individuals to live with greater awareness, purpose, and joy At the Programme end, Dr. Anju Pareek vice principal of college gave vote of thanks.

  
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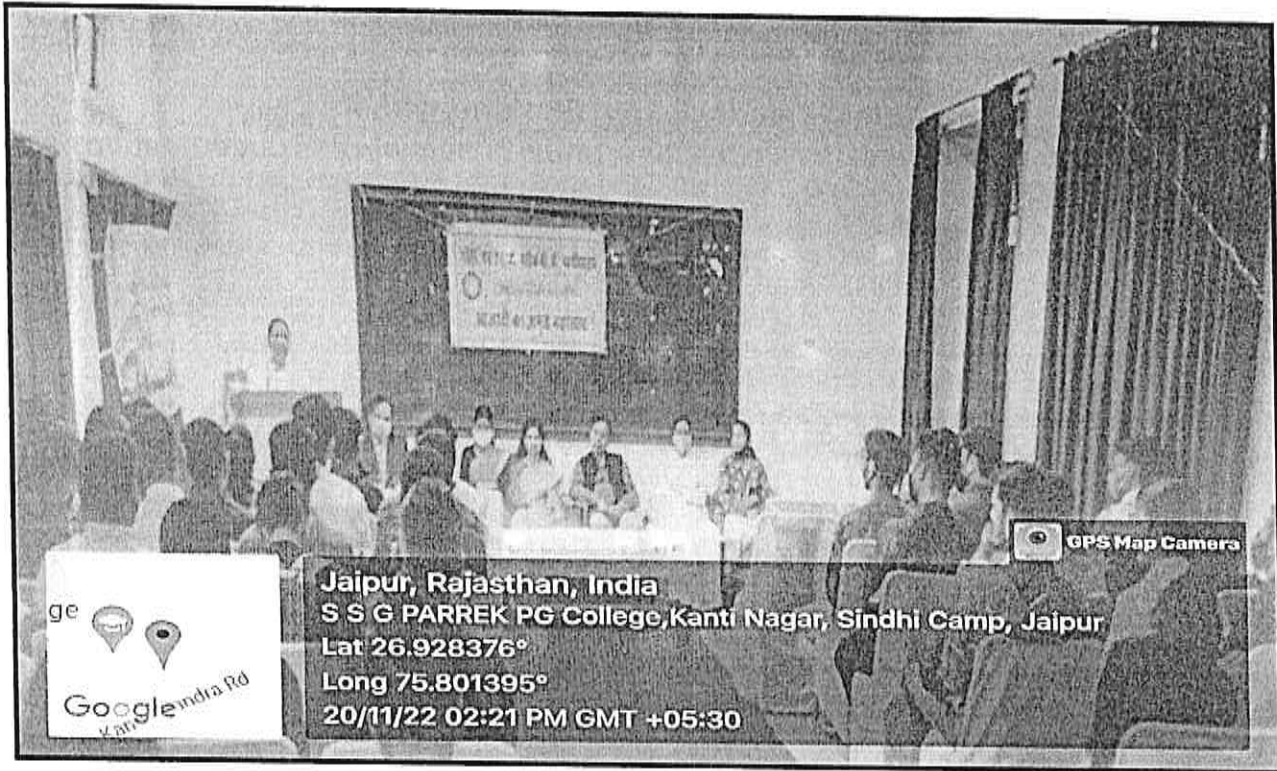


Fig.1 Meditation Session by Brahma Kumari's  
Brahma Kumaris Rajayoga Meditation Centre, Vaishali Nagar, Jaipur

  
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Date 30/01/2023

## NOTICE

All the Students of UG and PG are informed that **Awareness Session** on Traffic Rules will be organized by Praveen Kumar (PK Mast) Traffic Inspector Rajasthan Police Jaipur, in the College on **02<sup>th</sup> February 2023**. All the students give maximum participation in the programme.

**Principal**

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## Report on Awareness Session on Traffic Rules on 02/02/2023

The SSG Pareek PG College, Jaipur successfully organized the Awareness Session on Traffic Rules will be organized by Praveen Kumar (PK Mast) Traffic Inspector Rajasthan Police Jaipur. The Programme begin 11:15 am in the morning. Approx students were benefited in the Awareness Session on Traffic Rules Our honorable Principal Dr. N. M. Sharma presided over the function. And vice principal, Dr. Anju Pareek welcomed the gathering. Traffic inspector Praveen Kumar also known as 'PK Mast', has been winning hearts with his style of dealing with such violators. PK not only emphasizes on traffic rules, but also teases violators in a witty manner with the intention of updating them with traffic rules

Raising awareness about traffic rules is crucial for promoting road safety and reducing accidents. Here are some key points often covered in traffic rules awareness campaigns:

**Speed Limits:** Educating drivers about the importance of adhering to speed limits appropriate for different road conditions and areas, such as residential zones, highways, and school zones.

**Traffic Signals and Signs:** Teaching drivers the meanings of various traffic signals, signs, and road markings, and emphasizing the importance of obeying them for smooth traffic flow and safety.

**Seat Belt and Child Restraint Use:** Stressing the necessity of wearing seat belts and properly securing children in appropriate car seats or restraints to minimize injuries in case of accidents.

**Avoiding Distractions:** Highlighting the dangers of distracted driving, including using mobile phones, eating, grooming, or engaging in other activities that take attention away from the road.

**Impaired Driving:** Educating about the risks of driving under the influence of alcohol, drugs, or medications, and promoting alternatives such as designated drivers or public transportation.

At the end, vice principal of college Dr. Anju Pareek presented vote of thanks.





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**Fig.1 Awareness Session on Traffic Rules by Praveen Kumar (PK Mast) Traffic Inspector**

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**Notice and Report of each  
activity with photographs  
conducted in Academic  
Session 2021-22**



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Date 17/08/2021

## NOTICE

All the Students of UG and PG are informed that Awareness Class on **Soft Skill** will be conduct in the college on **31 August 2021**. All the students give maximum participation in the programme.

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5. Accounts Section
6. Coordinator – Dr. Kulvinder Singh



## Report on Soft skill Courses in "Basic Computer"

Course Name	:	Basic Computer
Speaker Name	:	Mrs. Neha Jain
Class	:	B.Sc.-I
Number of Student	:	72

The class is conducted on 31 August 2021 and this is started by Mrs. Neha Jain. About 72 students attend the class. The class is designed with aim at imparting a basic level appreciation programmer for the common man. The teaching methodology primarily involves the use of PowerPoint presentations (PPT) to deliver lectures and demonstrations. The instructor utilizes interactive PPT slides to engage students and illustrate key concepts effectively.

After completing the course the incumbent is able to the use the computer for basic purposes of preparing his personnel/business letters, viewing information on Internet (the web), sending mails, using internet banking services etc. This allows a common man or housewife to be also a part of computer users list by making them digitally literate. This helps the small business communities to maintain their small account using the computers and enjoy in the world of Information Technology.

The Basic Computer Class at S.S.G. Pareek P.G. College is designed to provide foundational knowledge in computer literacy to students. It is a one-day course aimed at introducing participants to essential computer concepts and skills.

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Fig. 2 BASIC COMPUTER CLASS

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Date 18/11/2021

## NOTICE

All the Students of UG and PG Programme are informed that **Career Counseling Session** will be organized by The institute of cost accountants of india jaipur, CMA Bhawan, 3-A Institutional Area, Jhalana Doongri, Jaipur in the College On **18<sup>th</sup> November 2021**. All the students give maximum participation in the programme. Kindly contact to the programme coordinator

Time : 12:00 PM

Venue : Seminar hall

**Principal**

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5. Accounts Section

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## Report on Career Counseling Seminar 20/11/2021

Career Counseling Session, facilitated by Mr. Harendra Kumar Pareek from The institute of cost accountants of india jaipur, CMA Bhawan, 3-A Institutional Area, Jhalana Doongri, Jaipur. Aimed to provide valuable guidance and insights to aspirants seeking to pursue a career in accounting sector and other job opportunity in various fields.

The Programme begin 12:00 pm in the Afternoon Approx 70 students of Science, Commerce and Arts BBA, BCA were benefited in the Career Counseling Session. Our honorable Principal Dr. N M Sharma presided over the function. And vice principal, Dr. Anju Pareek welcomed the gathering.

Career counselors also provide guidance on exploring different career options and understanding the labor market trends. They help individuals research various industries, job roles, and educational pathways to identify potential career paths that align with their interests and aspirations. This involves providing resources such as informational interviews, job shadowing opportunities, and access to career exploration tools and databases.

Overall, career counseling plays a pivotal role in empowering individuals to make informed career decisions, navigate their professional journeys effectively, and ultimately achieve satisfaction and fulfillment in their careers. By providing guidance, support, and resources, career counselors help individuals unlock their full potential and pursue meaningful and rewarding career paths. At the Programme end, Dr. Anju Pareek vice principal of college gave vote of thanks.

  
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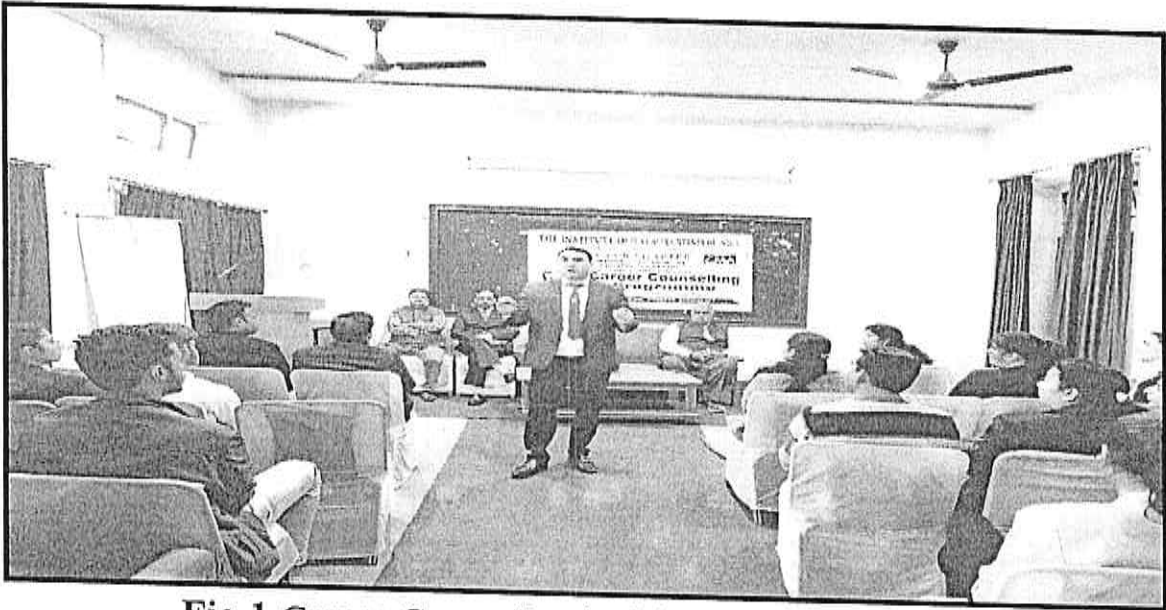
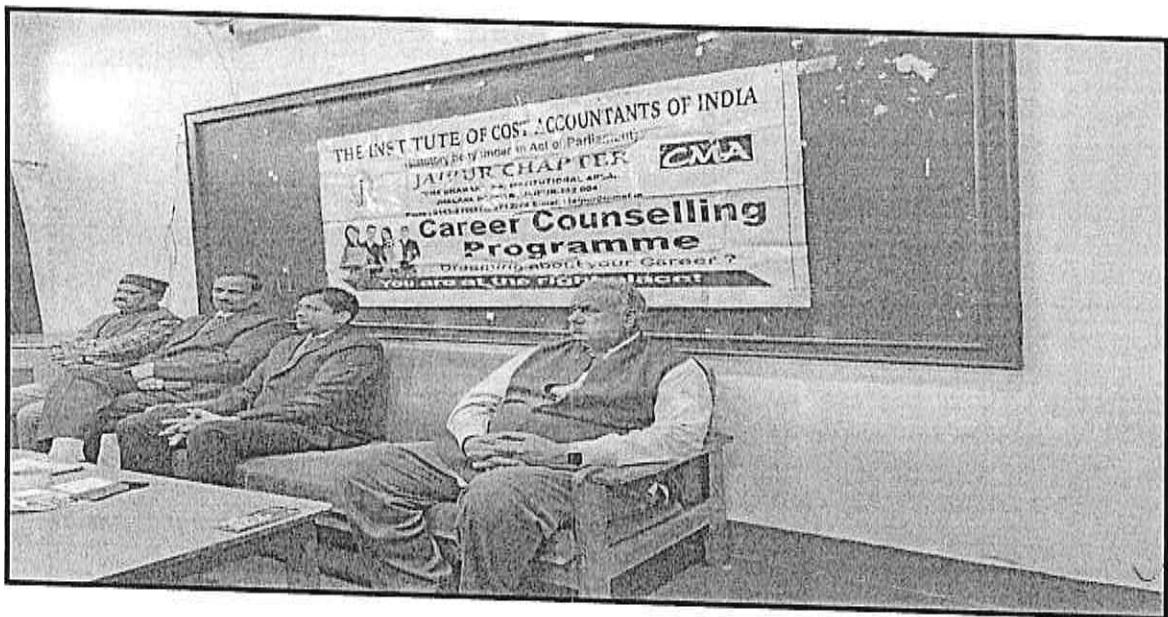





Fig.1 Career Counseling by Mr. Harendra Kumar Pareek



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DATE- 6-02-2022

## Notice

It is to inform all the students and faculty members that seminar on "SCOPE AND CAREER IN ZOOLOGY: NEW DIMENSION OF ENTREPRENEURSHIP" scheduled to be held on 7-02-2022 Guest speaker will be Professor Reena Mathur, Department of Zoology, Rajasthan University. All the students and faculty members are requested to attend the seminar.

Time – 12:00 A.M. TO 2:00 P.M.

Venue- Seminar Hall

  
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## Seminar report on the Scope and career in Zoology: New dimension of Entrepreneurships.

Date: 7 Feb. 2022

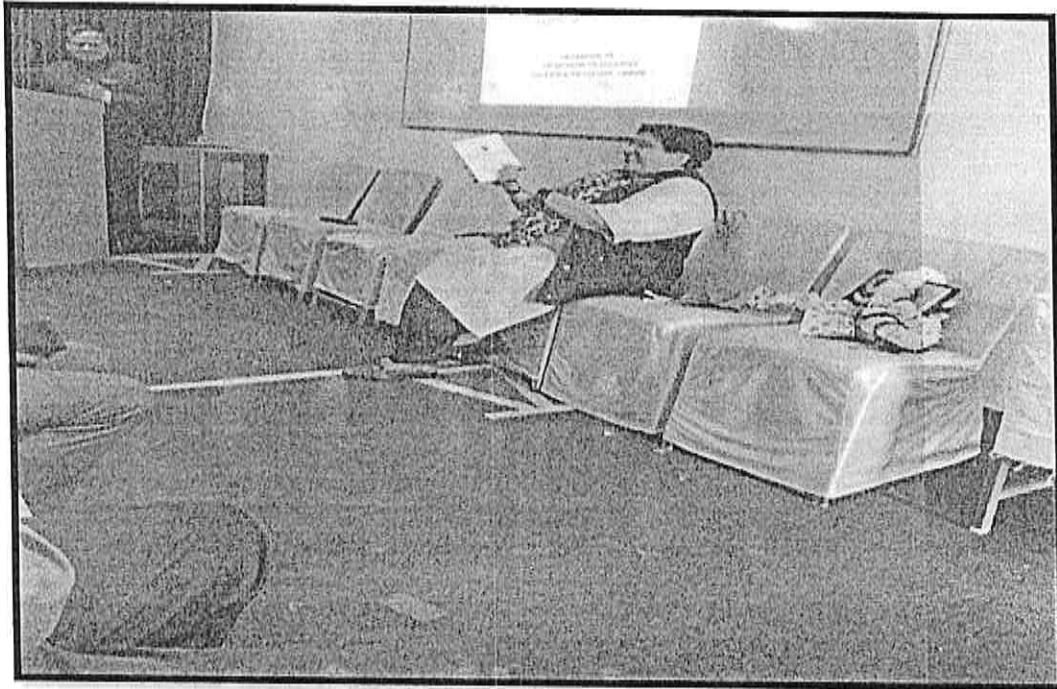
Venue: SEMINAR ROOM RESOURCE PERSON –PROFESSOR REENA MATHUR (DEPARTMENT OF ZOOLOGY RAJASTHAN UNIVERSITY).

**Introduction:** The Seminar on the Scope of Zoology aimed to highlight the diverse and expanding opportunities within the field of zoology. Bringing together zoologists, researchers, and students, the seminar provided insights into the current trends, challenges, and exciting prospects in animal sciences. The event sought to inspire a deeper appreciation for the multifaceted nature of zoological research.

- Perspectives on the evolving landscape of zoology.
- The role of zoologists in addressing contemporary global challenges.
- Exploring behavioral ecology and cognition in animals.
- Insights into communication, social structures, and learning behaviors.
- Opportunities in conserving endangered species and ecosystems.
- Integrating zoological research into wildlife management strategies.
- Applications of molecular techniques in zoological research.
- Genetic studies and their implications for understanding species evolution.

The seminar included networking breaks, providing participants with opportunities to connect with peers, established zoologists, and professionals. This facilitated the exchange of ideas, collaborative initiatives, and potential research partnerships.

**Conclusion:** The Seminar on the Scope of Zoology successfully illuminated the vast and exciting possibilities within the field. Attendees gained valuable insights into the diverse avenues of zoological research and the potential for impactful contributions to understanding and conserving animal life. The organizers are commended for their efforts in promoting awareness and enthusiasm for the multifaceted.



Professor Reena Mathur Interact with Students



Joyful movements with faculty and students



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Date:15-10-2021

## Notice

It is notified to information for all concerned that seminar on "Need for Entrepreneurships for future Generations" is scheduled to be held on 16-10- 2021. Guest speaker will be Dr. Vipin Yadav. All the faculty members are requested to make it convenient to attend the presentation.

Time-11:00 A.M. TO 2:00 P.M.

Venue- Seminar Hall

  
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## REPORT ON SEMINAR

**Title: Seminar on Need for entrepreneurships for future generations.**

**Date: 16-10-2021**

**Venue- Seminar Hall**


**Resource person-Dr.Vipin Yadav -PDF Entrepreneur-ECH Outreach Incharge (Rajasthan University).**

**The dignitaries on the stage were Dr. N.M. Sharma, Principal, from SSG PAREEK P.G.COLLEGE, Dr. Mr.Laksmikant Pareek,Dr.Anju pareek Vice -Principal, SSG PAREEK P.G.COLLEGE and the Key Speaker is Dr.Vipin Yadav PDF Entrepreneur-ECH Outreach Incharge (Rajasthan University).**

The speaker says that the entrepreneurship is a dynamic and iterative process. Success often involves a willingness to learn, adapt, and persist in the face of challenges. Keep refining your business based on feedback and market dynamics, and remember that the entrepreneurial journey is as much about the process as it is about the destination.

He also explains that navigating entrepreneurship as a student involves unique challenges and opportunities. Here's a tailored guide from idea to action for student entrepreneurs:

  
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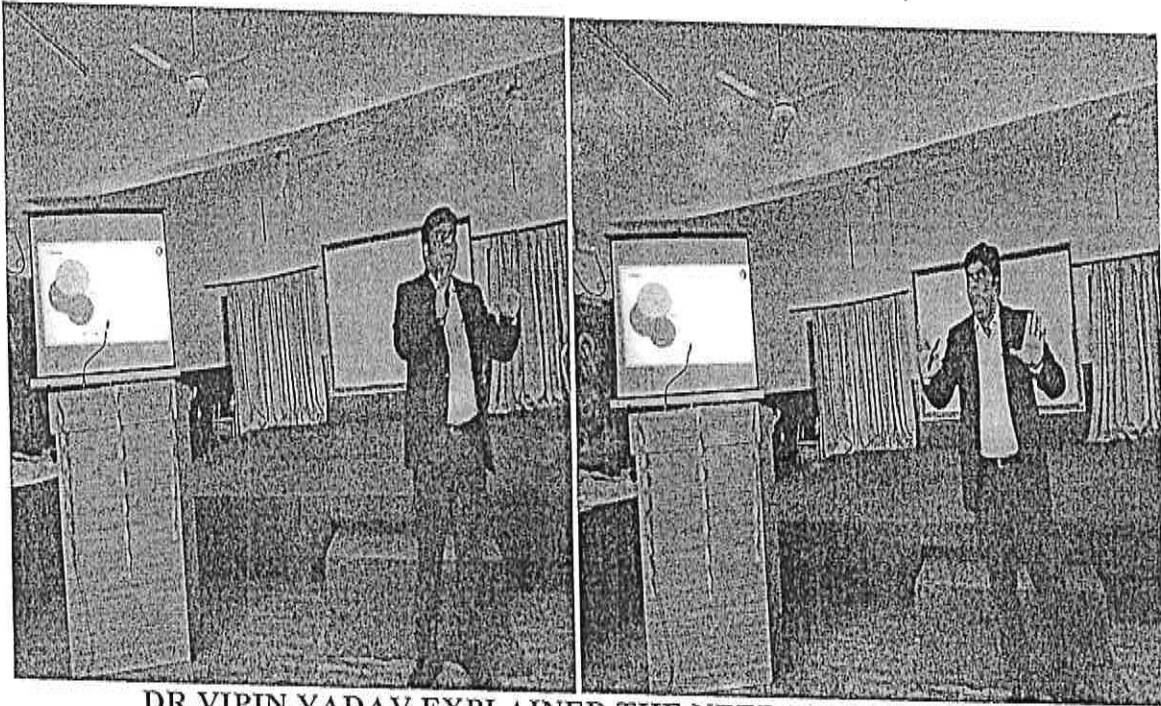
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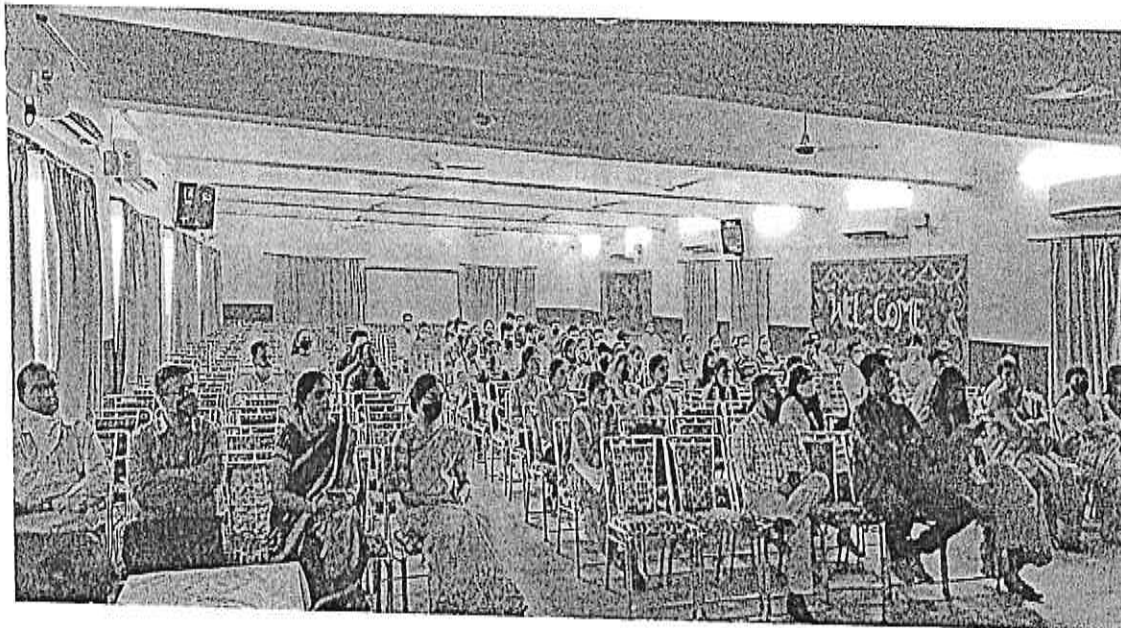
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DR.VIPIN YADAV EXPLAINED THE NEED TO DEVELOP  
ENTREPRENEURSHIPS SKILL IN STUDENTS



STUDENTS AND PARTICIPANTS IN SEMINAR

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Date – 14-03-2022

## Notice

It is notified to information for all concerned that seminar on "ENVIRONMENT CHANGE RESEARCH AND AWARENESS FOR SUSTAINABLE DEVELOPMENT" is scheduled to be held on 15 -03-2022. Guest speaker will be Prof. R.K. GURJAR. All the faculty members are requested to make it convenient to attend the presentation.

Time – 11:00 A.M. TO 2:00 P.M.

Venue- GEOGRAPHY LAB

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## REPORT ON SEMINAR

### TOPIC -ENVIRONMENT CHANGE RESEARCH AND AWARENESS FOR SUSTAINABLE DEVELOPMENT

Date: 15 March 2022

Venue: GEOGRAPHY LAB.

RESOURCE PERSON- PROF. R.K. GURJAR

### SUMMARY

The seminar on Environment Change Research and Awareness for Sustainable Development aimed to address critical issues related to the changing environment and promote awareness for sustainable development practices. Led by expert speakers, the seminar delved into various aspects, including climate change, biodiversity loss, and resource depletion.

The event began with an overview of the current state of the environment, emphasizing the urgent need for sustainable solutions. Researchers and scholars presented findings from recent studies, shedding light on the impact of human activities on ecosystems and the climate.

One of the central themes was the importance of raising awareness among communities, policymakers, and businesses. Discussions highlighted the role of education and communication in fostering a collective understanding of environmental challenges and encouraging responsible behaviors. Speakers also emphasized the significance of research in developing innovative solutions. Case studies and projects were presented, showcasing successful initiatives that contribute to sustainable development goals. The integration of technology and scientific advancements in addressing environmental issues emerged as a key aspect of the discussions. The seminar concluded with a call to action, emphasizing the need for collaborative efforts across sectors to implement sustainable practices. Participants were encouraged to engage in ongoing research, contribute to community awareness campaigns, and advocate for policy changes that align with environmental conservation and sustainable development objectives.

Overall, the Seminar on Environment Change Research and Awareness for Sustainable Development provided a platform for knowledge exchange, fostering a sense of responsibility and collective commitment to safeguarding the planet for future generations.

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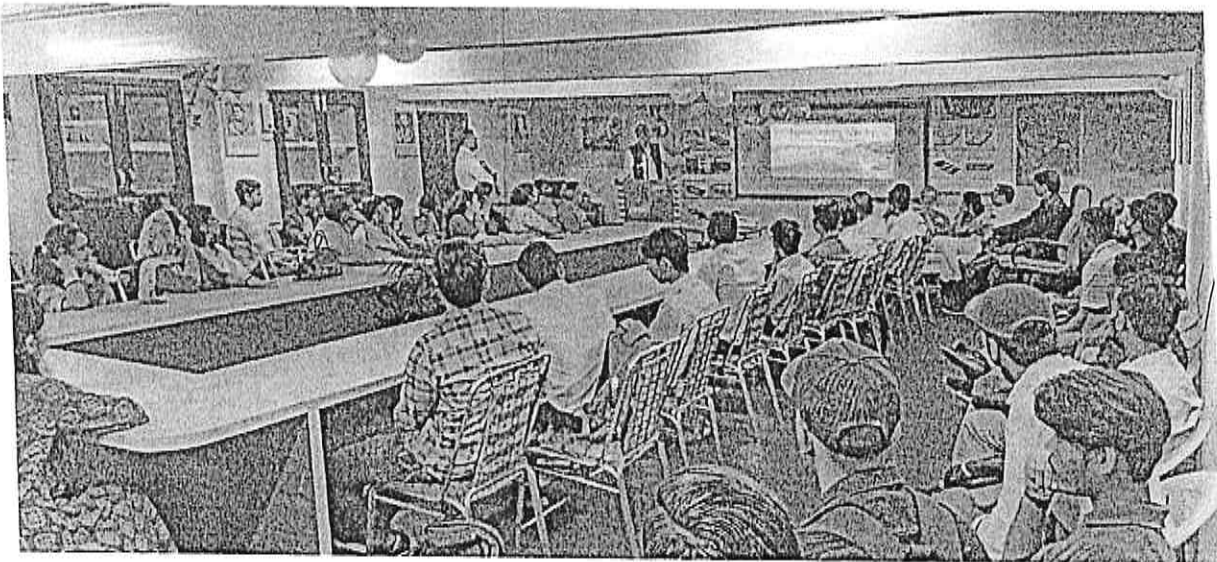
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PROF. R.K. GURJAR EXPLAINED THE TOPIC



INTERACTIVE SESSION AFTER THE LECTURE

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Date: 18/06/2022

## NOTICE

All the Students of UG and PG are informed that International Yoga Day will be celebrated in the college on **21 June 2022**. All the students give maximum participation in the programme.

Principal

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6. Coordinator – Dr. Meghana Pareek



## Report On International Yoga Day

Date: 21 June 2022

Venue: S.S.G. Pareek PG College

Celebrating the transformative power of yoga, cultural activities were organized at S.S.G. Pareek PG College on the occasion of International Yoga Day. The event aimed to foster a deeper understanding and appreciation of yoga's holistic benefits for physical, mental, and piritual well-being.

The day commenced with a serene sunrise yoga session, where participants gathered to practice yoga asanas amidst the tranquil ambiance of nature. The session emphasized the importance of starting the day with mindful movement and breath awareness.

Experienced instructors guided participants through foundational yoga poses, alignment principles, and breathing techniques, catering to practitioners of all levels. Mindfulness meditation sessions were also held to cultivate present-moment awareness and inner peace. Participants were guided through meditation practices designed to quiet the mind, reduce

International Yoga Day at S.S.G. Pareek PG College provided a platform for individuals to connect, learn, and celebrate the profound wisdom of yoga. Through participatory workshops, mindful meditation, cultural showcases, and insightful discussions, attendees gained a deeper appreciation for yoga as a transformative practice that unites body, mind, and spirit.

By fostering a sense of community and cultural exchange, the event embodied the spirit of unity and harmony promoted by yoga philosophy. Participants left inspired and empowered to integrate the principles of yoga into their daily lives, nurturing their well-being and promoting greater peace and understanding in the world.

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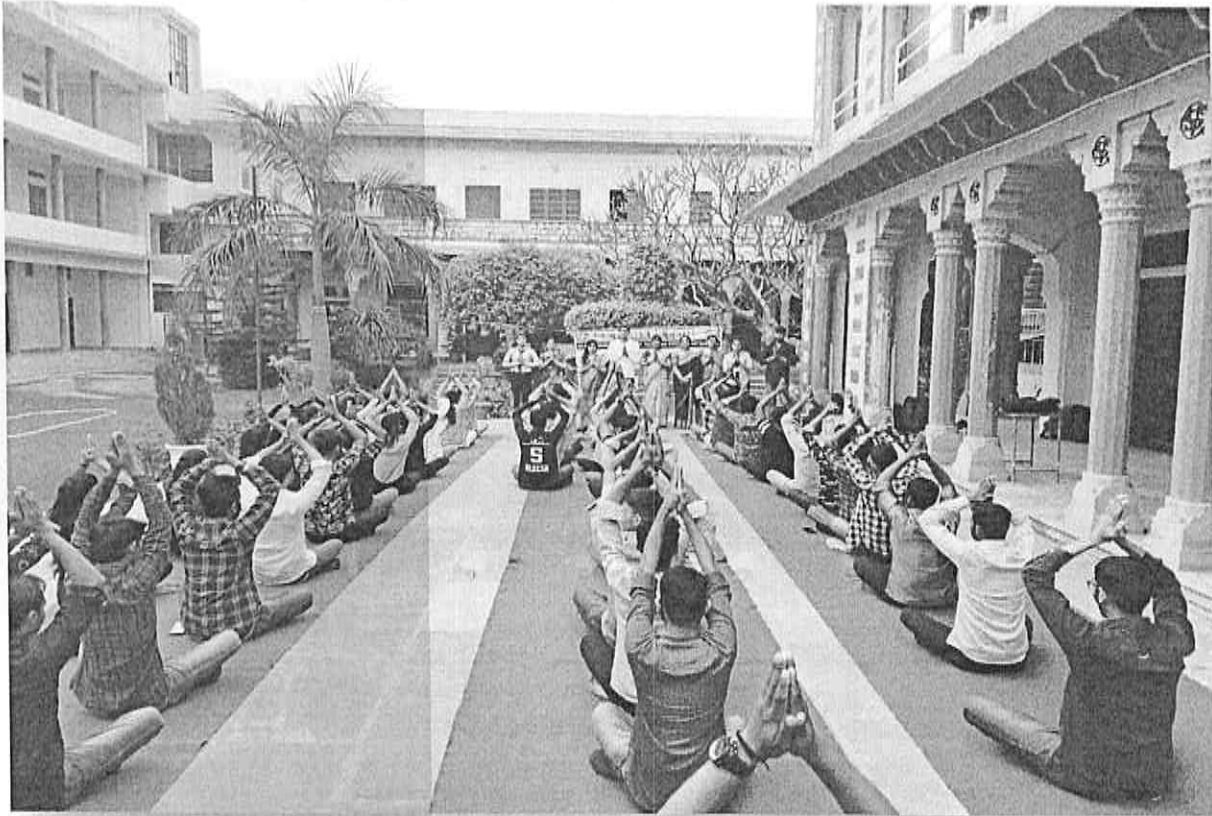
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**Fig.3 International Yoga Day**

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Estd.- 1906

UGC Approved "First Heritage College in Rajasthan"

Date 13/11/2021

## NOTICE

All the Faculty and Students of UG and PG are informed that a Mediation Session will be organized by Brahma Kumari's in the College on 15<sup>th</sup> November 2021. All the students give maximum participation in the programme.

Time : 01:30 PM

Venue : Room No. 21

**Principal**

### Copy to:

1. Secretary, Central office
2. Vice Principal
3. IQAC
4. All Head of Departments
5. Accounts Section

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## Report on Brahma Kumari's Meditation Sessions 15/11/2021

The Programme begin 01:30 pm in the Afternoon Approx 40 students of Science, and Arts were benefited in the Meditation Session. Principal Dr. N. M. Sharma presided over the function And Dr. Anju Pareek vice principal, welcomed the gathering.

Brahma Kumari's Meditation Sessions , facilitated by Brahma Kumari's Rajayoga Meditation Centre, Mansarover, Jaipur to provide a spiritual movement that emphasizes meditation, self-transformation, and values-based living. They offer meditation sessions and courses worldwide, typically free of charge. These sessions often include guided meditation, teachings on spirituality, and discussions on how to integrate spiritual principles into daily life.

Brahma Kumaris meditation sessions are usually open to people of all backgrounds and beliefs, and they often emphasize principles such as inner peace, self-awareness, and spiritual growth. Brahma Kumaris meditation sessions may include a teaching or discussion segment where facilitators share spiritual insights, principles, or practical tips for integrating meditation and spirituality into daily life. Overall, Brahma Kumaris teachings offer a holistic approach to motivation, addressing the mind, body, and spirit, and inspiring individuals to live with greater awareness, purpose, and joy At the Programme end, Dr. Anju Pareek vice principal of college gave vote of thanks.

  
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**Fig.1 Meditation Session by Brahma Kumari's  
Brahma Kumaris Rajayoga Meditation Centre, Mansarover, Jaipur**

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# S.S.G. PAREEK P.G. COLLEGE



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Date 21/08/2021

## NOTICE

All the Students of UG and PG are informed that **Awareness Session** on Corona pandemic disease will be organized by Dr. khushboo Gupta in the College on 23<sup>th</sup> August 2021. All the students give maximum participation in the programme.

Time : 11:00 AM

Venue : Room No. 21

**Principal**

### Copy to:

1. Secretary, Central office
2. Vice Principal
3. IQAC
4. All Head of Departments
5. Accounts Section

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## Report on Awareness Session on Corona Pandemic Disease 23/08/2021

The Programme begin 11:00 am in the Morning Approx 70 students of Science, Arts and Commerce were benefited Awareness Session. Principal Dr. N. M. Sharma presided over the function And Dr. Anju Pareek vice principal, welcomed the gathering. Dr. khushboo Gupta talking about corona pandemic disease on following points.

**Origins and Spread:** The virus originated in Wuhan, China, in late 2019, and quickly spread globally due to its highly contagious nature. Human-to-human transmission primarily occurs through respiratory droplets when an infected person coughs, sneezes, or talks.

**Symptoms:** COVID-19 symptoms can range from mild to severe and may appear 2-14 days after exposure. Common symptoms include fever, cough, shortness of breath, fatigue, body aches, loss of taste or smell, sore throat, and congestion.

**Prevention Measures:** To reduce the spread of the virus, it's crucial to adhere to preventive measures such as wearing masks in public settings, practicing good hand hygiene by washing hands frequently with soap and water or using hand sanitizer, maintaining physical distance from others, avoiding large gatherings, and getting vaccinated.

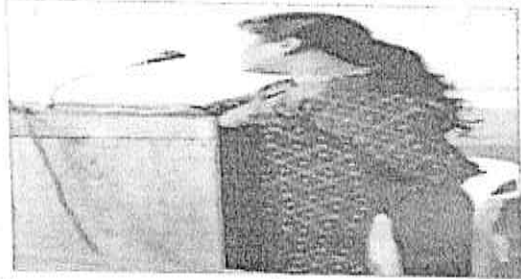
**Vaccination:** Vaccines have been developed and approved for emergency use to help prevent COVID-19. These vaccines have undergone rigorous testing to ensure their safety and efficacy. Getting vaccinated not only protects individuals but also contributes to community immunity, reducing the overall spread of the virus.

At the Programme end, Dr. Anju Pareek vice principal of college gave vote of thanks.



## सभी को स्वास्थ्य के प्रति जागरूक रहने की जरूरत

जायपुर, समाचार जगत न्यूज। राज्य के पर्यावरण की पारीक पीजी, महाविद्यालय में राष्ट्रीय सेवा योजना के सहयोग से स्वास्थ्य जागरूकता पर सेमिनार का आयोजन किया गया। इस कार्यक्रम के मुख्य अतिथि डॉ. खुशबू गुप्ता रही। गुप्ता ने छात्रों को स्वास्थ्य के प्रति जागरूक किया एवं छात्रों ने अपने अपने प्रोजेक्ट प्रस्तुत किए। विशिष्ट अतिथि संस्था के प्राचार्य डॉ. एनएन. शर्मा ने बताया कि लोगों को स्वास्थ्य के प्रति जागरूक रहने की जरूरत है। क्योंकि अभी के समय में खासकर कोरोना और डेंगू जैसी महामारी को लेकर जागरूक और सतर्क रहने की आवश्यकता है। संस्थान के छात्रों द्वारा इस प्रकार की जागरूकता कार्यक्रम से लोगों को लाभ मिलेगा। एनएसएस अधिकारी डॉ. अंजू पारीक ने छात्रों द्वारा इस प्रकार के स्वास्थ्य जागरूकता परक कार्यक्रम करने के लिए प्रशंसा कि और समाज के लोगों को इसके प्रति जागरूक करने का सलाह दी। कार्यक्रम में संस्था के प्रशिक्षक डॉ. मेघना पारीक, सदस्य, विकास शर्मा भरत महायर के अलावा अन्य लोग मौजूद रहे।



## कोरोना से बचाव के लिए करें ये काम



हाथों को बार-बार साबुन और पानी से धोए या सैनिटाइजर का इस्तेमाल करें



दिगुनरी हेतु छींके और खासते वक्त अपने नाजू का इस्तेमाल करें



खासते और छींके समय डिस्पोजेबल टिशू का इस्तेमाल करें



बिना हाथ धोए अपने आँसों, नाक और मुँह को न छूएं



इस्तेमाल किए गए टिशू को फेंक दें



जो बीमार है उनके संपर्क में न आने की पूरी कोशिश करें

Fig.1 Awareness Session on Corona Pandemic Disease



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**Notice and Report of each  
activity with photographs  
conducted in Academic  
Session 2020-21**



# S.S.G.PAREEK P.G. COLLEGE



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Date-24-03-2021

## NOTICE

This is to inform all the students and faculty members that seminar on "Intellectual Property Rights and How to choose I.P. Entrepreneurship as a career." will be organized by the S.S.G. PAREEK P.G. COLLEGE ON 25-03-2021 at Seminar Hall for students. Guest speaker will be Professor P.J. JOHN (Head Department of Zoology) University of Rajasthan.

Time – 10:00 A.M. TO 12:00 P.M.

Venue- Seminar Hall

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1. SECRETARY, CENTRAL OFFICE
2. VICE PRINCIPAL
3. IQAC
4. ALL HEAD OF DEPARTMENTS
5. ACCOUNT SECTION

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## REPORT ON SEMINAR

TOPIC- INTELLECTUAL PROPERTY RIGHTS AND HOW TO CHOOSE I.P. ENTREPRENEURSHIP AS A CAREER.

RESOURCE PERSON- PROFESSOR P.J. JOHN

DATE- 25-03-2021

VENUE-SEMINAR HALL

The seminar program commenced with welcoming the gathering P.J.JOHN Head department of Zoology, Gixy Choudhary Co-coordinator, IPR cell talks about the objectives of the workshop. All participants ranging from Faculties, Research Scholars and Students of the department are participated in the program.

The seminar begins by explaining the need of intellectual property in Zoology and explaining the Basics of Intellectual Property (IP) *i.e.*, various forms of IPR such as patents, industrial designs, trademarks, geographical indications, copyrights, plant protection and semiconductor layout protection and stressing the importance of IPR and how an individual can contribute to IP *i.e.*, economy, R&D and Global Innovation Index (GII). Explaining the current Plagiarism scenario and MHRD steps towards anti-plagiarism.

In the seminar second phase, discussing Career Opportunities in IP ranging from Patent agent to an entrepreneur. Explaining the exciting working IP environment in brief and the salary package which evoked good reply and interaction from the participants and growth opportunities awaits for them. The program ended up with the proposal of vote of thanks by, Dr.N.M.Sharma Principal S.S.G.Pareek P.G.College.



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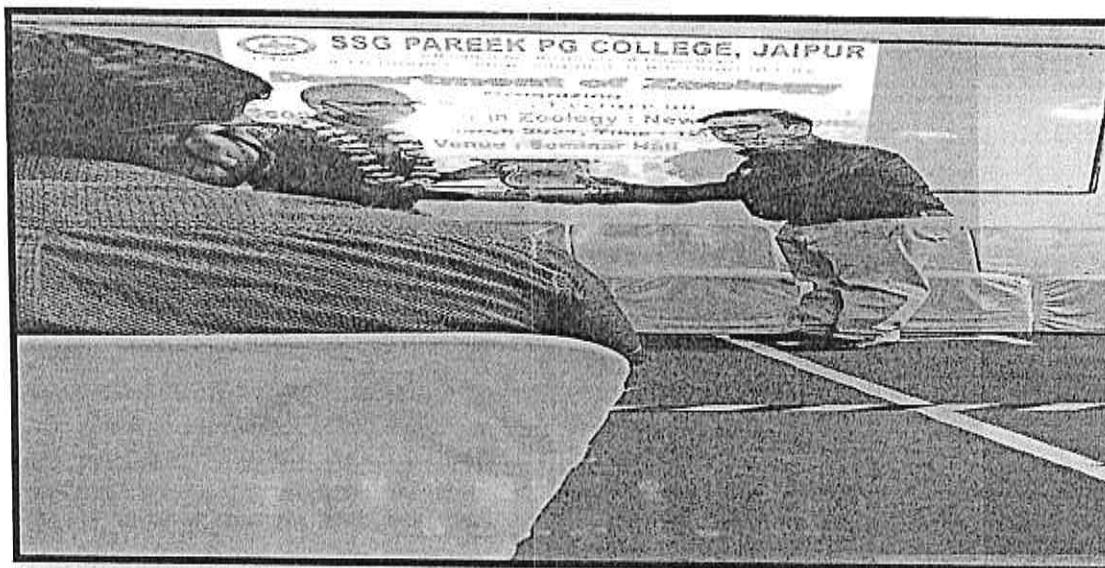
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PROFESSOR P.J. JOHN DELEVER THE LECTURE



RAJNEESH MISHRA (HOD ZOOLOGY) FALICITATING PROFESSOR P.J. JOHN

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Date: 19/06/2021

## NOTICE

All the Students of UG and PG are informed that International Yoga Day will be celebrated in the college on **21 June 2021**. All the students give maximum participation in the programme.

Principal

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2. Vice Principal
3. IQAC
4. All Head of Departments
5. Accounts Section
6. Coordinator – Dr. Meghana Pareek





## Report On International Yoga Day

Date: 21 June 2021

Venue: S.S.G. Pareek PG College

In celebration of International Yoga Day, S.S.G. Pareek PG College organized a series of cultural activities aimed at promoting the practice and understanding of yoga among students, faculty, and staff. The event served as a platform to highlight the holistic benefits of yoga for physical, mental, and emotional well-being.

The day commenced with a rejuvenating morning yoga session held in the college courtyard. Led by experienced yoga instructor, and faculty participated in a series of yoga asanas and pranayama exercises, fostering a sense of unity and vitality with social distancing.

Interactive workshops were conducted to provide students with hands-on experience and guidance in various aspects of yoga practice. Workshops covered topics such as basic yoga postures, breathing techniques, and meditation practices, catering to beginners as well as experienced practitioners.

Mindfulness meditation sessions were offered to help participants cultivate inner peace and mental clarity. Led by mindfulness experts, these sessions provided students with valuable tools for managing stress, improving focus, and enhancing overall well-being.

Thought-provoking discussions brought together faculty members and invited speakers to explore the significance of yoga in contemporary society. Topics included the role of yoga in promoting physical health, mental wellness, and social harmony, sparking meaningful dialogue and reflection among participants.

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Fig.4 International Yoga Day

  
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**Notice and Report of each  
activity with photographs  
conducted in Academic  
Session 2019-20**



# S.S.G. PAREEK P.G. COLLEGE



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UGC Approved "First Heritage College in Rajasthan"

Date 23/10/2019

## NOTICE

All the Students of UG and PG are informed that Awareness Class on **Soft Skill** will be conduct in the college on **31 October 2019**. All the students give maximum participation in the programme.

Principal

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### Copy to:

1. Secretary, Central office
2. Vice Principal
3. IQAC
4. All Head of Departments
5. Accounts Section
6. Coordinator – Dr. Shalini Gill Pareek



## Report on Soft skill Courses in "Basic Computer"

Course Name	:	Basic Computer
Speaker Name	:	Mr. Baldev Sharma
Class	:	B.A -I
Number of Student	:	60

The class is conducted on 31 October 2019 and this is started by Mr. Baldev Sharma About 60 students attend the class. The class is designed with aim at imparting a basic level appreciation programmer for the common man. After completing the course the incumbent is able to the use the computer for basic purposes of preparing his personnel/business letters, viewing information on Internet (the web), sending mails, using internet banking services etc. This allows a common man or housewife to be also a part of computer users list by making them digitally literate. This helps the small business communities to maintain their small account using the computers and enjoy in the world of Information Technology.

The Basic Computer Class at S.S.G. Pareek P.G. College serves as a valuable introduction to computer literacy for participants. While the one-day duration and use of PowerPoint presentations offer a concise and accessible learning experience, there may be opportunities to further enhance the course content and teaching methodologies based on participant feedback. Continued evaluation and adaptation will ensure the course remains relevant and beneficial to student.

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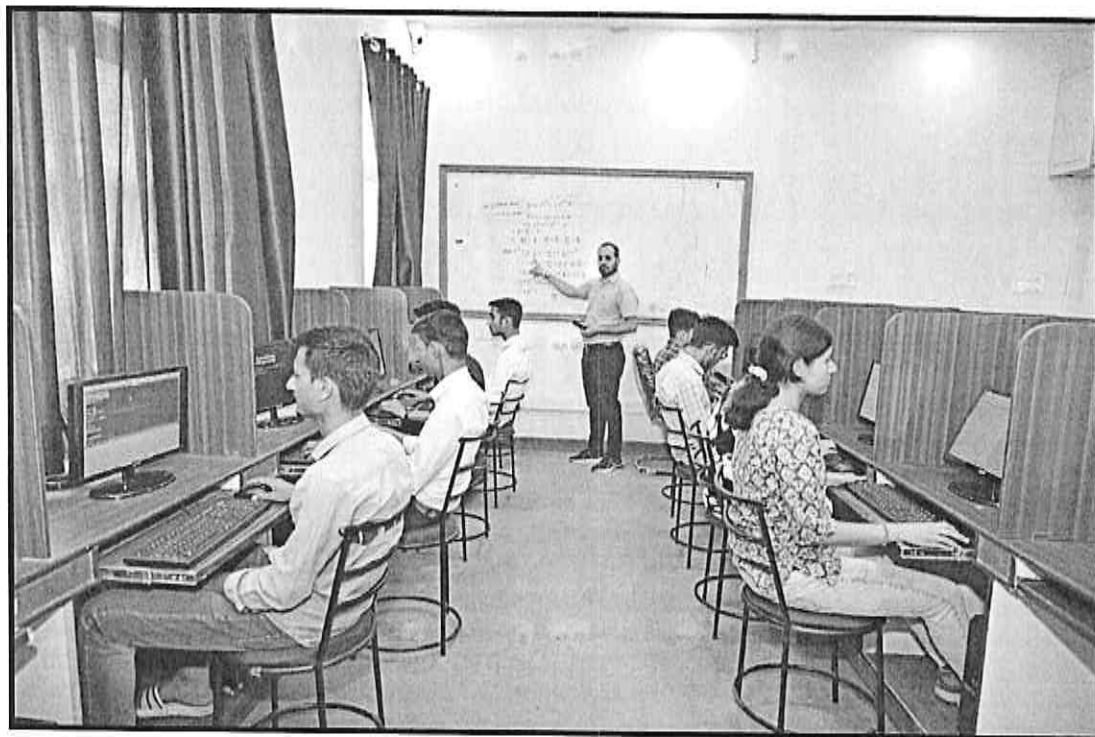
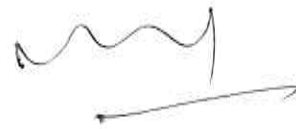


Fig. 3 BASIC COMPUTER CLASS



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Date 19/12/2019

## NOTICE

All the Students of UG and PG are informed that **Career Counseling & Workshop** will be organized by The Security Exchange Board Of India. (SEBI) in the college on **21<sup>st</sup> November 2019**. All the students give maximum participation in the programme. Kindly contact to the programme coordinator.

Time : 12:00 PM

Venue : Seminar hall

**Principal**

### Copy to:

1. Secretary, Central office
2. Vice Principal
3. IQAC
4. All Head of Departments
5. Accounts Section

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## Report on SEBI 21/11/2019

Career Counseling Session, facilitated by SEBI institute Jaipur Aimed to provide valuable guidance and insights to aspirants seeking to pursue a career and main objective is to protect the interests of investors in securities and to promote the development and regulation of the securities market.

The Programme begin 12:00 pm in the Afternoon. Approx 50 students of Commerce and Arts BBA, BCA were benefited in this Session. Our honorable Principal Dr. N M Sharma presided over the function. And vice principal, Dr. Anju Pareek welcomed the gathering.

Career counselors also provide guidance on SEBI's functions include regulating the business in stock exchanges and any other securities markets, registering and regulating the working of stockbrokers, sub-brokers, share transfer agents, bankers to an issue, trustees of trust deeds, registrars to an issue, merchant bankers, underwriters, portfolio managers, investment advisers, and such other intermediaries who may be associated with securities markets in any manner. Exploring different career options and understanding the labor market trends. They help individuals research various industries, job roles, and educational pathways to identify potential career paths that align with their interests and aspirations. SEBI plays a crucial role in maintaining transparency and integrity in the Indian capital markets and ensuring investor protection. At the Programme end, Dr. Anju Pareek vice principal of college gave vote of thanks.

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Fig.1 Career Counseling Session, facilitated by SEBI institute Jaipur

  
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**Notice and Report of each  
activity with photographs  
conducted in Academic  
Session 2018-19**



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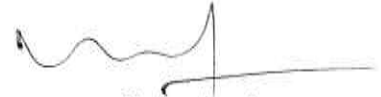
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Date: 01/08/2018

## NOTICE

All the Students of UG and PG are informed that Awareness Class on **Soft Skill** will be conduct in the college on **13 August 2018**. All the students give maximum participation in the programme.



Principal

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### Copy to:

1. Secretary, Central office
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5. Accounts Section
6. Coordinator – Dr. Shalini Gill Pareek




## Report on Soft skill Courses in "Basic Computer"

Course Name	:	Basic Computer
Speaker Name	:	Mrs. Shivani Kumawat
Class	:	B.A -I
Number of Student	:	75

The class is conducted on 13 August 2018 and this is started by Mrs. Shivani Kumawat. About 75 students attend the class. The class is designed with aim at imparting a basic level appreciation programmer for the common man. The basic computer class at S.S.G. Pareek PG College aimed to equip students with fundamental computer skills necessary for academic and professional success in today's digital age. After completing the course the incumbent is able to the use the computer for basic purposes of preparing his personnel/business letters, viewing information on Internet (the web), sending mails, using internet banking services etc. This allows a common man or housewife to be also a part of computer users list by making them digitally literate. This helps the small business communities to maintain their small account using the computers and enjoy in the world of Information Technology.

The instructor Mrs. Shivani Kumawat received positive feedback for their teaching methods, which were interactive, engaging, and tailored to meet the diverse learning needs of students.

  
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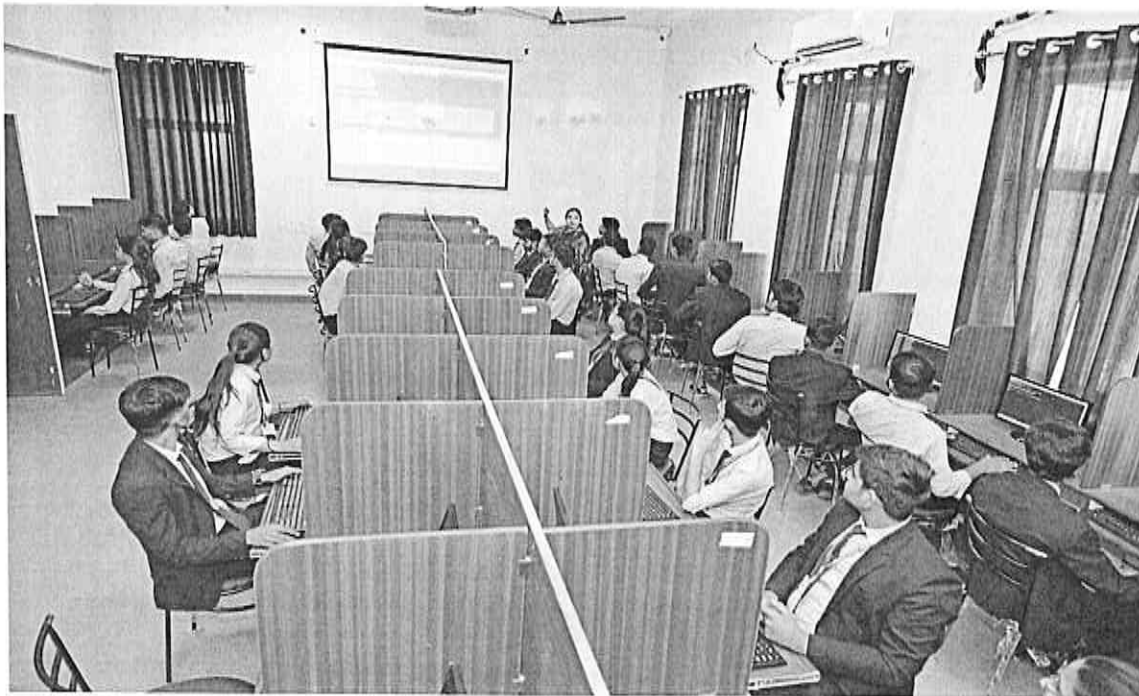


Fig. 4 BASIC COMPUTER CLASS

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Date: 19/06/2019

## NOTICE

All the Students of UG and PG are informed that International Yoga Day will be celebrated in the college on **21 June 2019**. All the students give maximum participation in the programme.

Principal

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6. Coordinator – Dr. Meghana Pareek



## Report On International Yoga Day

Date: 21 June 2019

Venue: S.S.G. Pareek PG College

Building on the success of previous International Yoga Day celebrations, S.S.G. Pareek PG College organized an array of cultural activities to commemorate this year's event. With a focus on fostering holistic well-being and cultural appreciation, the activities engaged students and faculty in meaningful experiences centered around the practice of yoga.

Taking advantage of the college's picturesque surroundings, an outdoor yoga retreat was organized to provide participants with a unique experience of practicing yoga in nature. Surrounded by lush greenery, attendees immersed themselves in yoga sessions, guided meditation, and nature walks, fostering a deeper connection with the environment and themselves.

Recognizing the importance of extending the benefits of yoga beyond the college campus, students and faculty organized community outreach initiatives. These included yoga sessions for underprivileged communities, senior citizens, and children, demonstrating the inclusive and accessible nature of yoga practice.

International Yoga Day at S.S.G. Pareek PG College transcended mere physical exercise, offering students and faculty opportunities for self-expression, community engagement, and personal growth. Through artistic expressions, outdoor retreats, community outreach, and interactive demonstrations, participants explored the multifaceted dimensions of yoga and its profound impact on individual and collective well-being.

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Fig.5 International Yoga Day



Fig.6 International Yoga Day